

WORKSHOP ON ONE DAY LIFE SKILLS BY ENGLISH STUDY FORUM

A one day workshop on Life Skills was held on 9/11/21 at 10am in K.K Handiqui Conference Hall, organised by English Study Forum, D.K College, Mirza. Anuj Kalita, Assistant Professor of Philosophy was invited as the resource person for the workshop. Teachers and students of the English Department actively participated in the workshop. Before the starting of the session a brief



introduction was given by Astd. Prof. Himangshu Ranjan Barman and the resource person was felicitated with a Gamusa by Astd. Prof. Seema Hazarika. The workshop began with a warm welcome address by Dr. Debajit Das. The resource person began the session by explaining the meaning and importance of life skills. The speaker talked about ten core life skills like self awareness, creative thinking, empathy, interpersonal relationship etc. A very interesting and lively environment was built up during the session. It was an interactive programme in which students were given certain activities and questions to solve. They also actively participated in the programme. The workshop got over with the vote of thanks by Dr. Aparna Goswami.

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